

### Resident of the nth



Alfred Medina was born on November 16th in Rosenberg, Texas. Alfred has worn many hats throughout his life, with a standout career in commercial construction. His most cherished memories include helping build iconic structures like Shell and other landmarks in downtown Houston. Beyond his impressive career, Alfred is a proud father to Donna & Michelle. When he's not reminiscing about his construction days, he finds joy in painting, using it as a means to express himself. We are thrilled to share Alfred's rich history.

#### OCTOBER 2024



Enjoying a delicious lunch and great company at Kelley's Country Cookin' with the Lunch Bunch group.





Residents were all smiles at our End-of-Summer Family Night, having a blast with Nina, our Executive Director!





#### OCTOBER 2024

# Friendly Reminder:

»If you need maintenance work, please stop by the from desk and put in your work order.

» Please ensure your loved ones have an ample supply of toiletries, toilet paper and incontinence products.

# **Brain Bender:** Trick or Treat

Use the following clues to change the word "trick" to "treat" by replacing one letter at a time, creating a new word with each change.

Course for racing
To ruin or destroy
Ruined ship or car
To cause chaos
Sandwich ingredient
Grooved surface of a tire or shoe

(Answer: trick, track, wrack, wreck, wreak, break, bread, tread, treat)

### **Think Pink**

October is National Breast Cancer Awareness Month.

"Listen! The wind is rising, and the air is wild with leaves,
We have had our summer evenings, now for October eves!"
—Humbert Wolfe

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
)			National Homemade Cookies 1	2	3	National World Smile Day 4	5
RE	Getobel)		9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Glamour Nails 2:00 Bible Study/ Catholic Com. 3:00 BINGO 4:00 Cookie Craze 6:00 Mazes	9:30 Coffee & News 10:00 Sit & Be Fit 10:00 Vitals Clinic 11:00 Daily Devotion 1:30 Domino Club 2:00 Cards & Cocktails 3:00 Crafts 4:00 Name that State	9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Trivia Challenge 2:00 Let's Get Cooking 3:00 Documentary 4:00 Red Hat Book Club 6:00 Crosswords	9:30 Coffee & News 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Fact or Fiction 2:00 Sip and Paint 3:00 BINGO 4:00 Walking for Smiles 6:00 Word Scramble	9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:00 Travel Around The World 2:00 Arts & Crafts 3:00 Residents' Choice 4:00 Music Hour 6:00 Coloring Pages
		National Inner Beauty Day 7	0.00 Mazes	6:00 Brain Teaser	National Handbag Day 10	11	12
ont	9:30 Coffee & News 10:00 Move & Groove 11:00 Church Service 12:00 Texans vs Bills 1:00 Movie in the Cinema 3:00 BINGO 4:00 Walking Club 6:00 Jigsaw Puzzle	9:30 Coffee & News 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Jigsaw Puzzle 1:30 Shopping Trip 2:00 Movie Club (Back to the Future) 3:30 Let's Learn a New Language 4:00 Music Hour 6:00 Spot the Difference	9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Glamour Nails 2:00 Bible Study/ Catholic Com. 3:00 BINGO 4:00 Chat in the Courtyard 6:00 Mazes	9:30 Coffee & News 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Poker 2:00 Happy Hour 3:00 Crafts 4:00 Name that Animal 6:00 Brain Teaser	9:30 Coffee & News 10:00 Yoga/Meditation 11:00 Daily Devotion 1:30 Aroma Hand Massage 2:00 Floral Arrangements 3:00 Tech Class 4:00 Red Hat Book Club 6:00 Crosswords	9:30 Coffee & News 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Old Wives' Tales 2:00 Senior Science 3:00 BINGO 4:00 Walking Club 6:00 Word Scramble	9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:00 Travel Around The World 2:00 Arts & Crafts 3:00 Residents' Choice 4:00 Music Hour 6:00 Coloring Pages
1	13	Columbus Day 14	15	16	17	National Chocolate Cupcake 18	19
t e.	9:30 Coffee & News 10:00 Move & Groove 11:00 Church Service 12:00 Texans vs Patriots 1:00 Movie in the Cinema 3:00 BINGO 4:00 Walking Club 6:00 Jigsaw Puzzle	9:30 Coffee & News 10:00 Sit & Be Fit 11:00 Daily Devotion 12:00 Lunch Bunch 1:30 Jigsaw Puzzle 2:00 Movie Club (Back to the Future) 3:30 Uno 4:00 Music Hour 6:00 Spot the Difference	11:00 Daily Devotion	9:30 Coffee & News 10:00 Sit & Be Fit 11:00 Daily Devotion 12:00 Birthday Bash 1:30 Domino Club 2:00 Cards & Cocktails 3:00 Crafts 4:00 Name that Movie Star 6:00 Brain Teaser	9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Trivia Challenge 2:00 Let's Get Cooking 3:00 Documentary 4:00 Red Hat Book Club 6:00 Crosswords	9:30 Coffee & News 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Hangman 2:00 Sip and Paint 3:00 BINGO 4:00 Walking Club 6:00 Word Scramble	9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:00 Travel Around The World 2:00 Arts & Crafts 3:00 Residents' Choice 4:00 Music Hour 6:00 Coloring Pages
		National Back to the Future 21	22	23		National Frankenstein Friday 25	26
nt fa	9:30 Coffee & News 10:00 Move & Groove 11:00 Church Service 12:00 Texans vs Packers 1:00 Movie in the Cinema 3:00 BINGO 4:00 Walking Club 6:00 Jigsaw Puzzle	Day 9:30 Coffee & News 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Jigsaw Puzzle 1:30 Shopping Trip 2:00 Movie Club (Back to the Future) 3:30 Let's Learn a New Language 4:00 Music Hour 6:00 Spot the Difference	9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Glamour Nails 2:00 Bible Study/ Catholic Com. 3:00 BINGO 4:00 Chat in the Courtyard 6:00 Mazes	9:30 Coffee & News 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Poker 2:00 Happy Hour 3:00 Resident Council Meeting 4:00 Name that Athlete 6:00 Brain Teaser	9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Aroma Hand Massage 2:00 Floral Arrangements 3:00 Tech Class 4:00 Red Hat Book Club 5:00 Trunk or Treat 6:00 Crosswords	9:30 Coffee & News 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Charades 2:00 Card Making (Halloween) 3:00 BINGO 4:00 Walking Club 6:00 Word Scramble	9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:00 Travel Around The World 2:00 Arts & Crafts 3:00 Residents' Choice 4:00 Music Hour 6:00 Coloring Pages
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#### \*\*EMPLOYEE SPOTLIGHT\*\*

This month, we're excited to shine the spotlight on Chef Anthony, our talented culinary artist who has been delighting taste buds in our assisted living community. With his exceptional skills and passion for cooking, Chef Anthony crafts meals that are not only delicious but also nourishing. His dedication to creating diverse and flavorful menus ensures that every meal is a delightful experience for our residents. We're incredibly grateful for Chef Anthony's hard work and commitment to making every dining experience special. Thank you, Chef Anthony, for all that you do!



**Anthony Boose** 





Lois had a blast creating a fluttering butterfly at creative crafts.





### Resident Birthdays

Barbra Ferrell John Hines 10/12 10/31



## Welcome, New Residents

Dean Konrad Elizabeth Meurer



Meet the Fix-It Pro: Tim
Townsend, our Maintenance
Director, keeping things running
smoothly. Tim has dedicated
countless hours to spending
time in senior living communities
with his family, and these
experiences have fueled his
deep passion for working in
this field.





