





THE RESERVE AT
PEARLAND
SENIOR LIVING AT EASE

Like Us!  

THE Reserve at Pearland Lifestyle

ASSISTED LIVING & MEMORY CARE COMMUNITY
2940 Cullen Blvd. · Pearland, TX 77584 · 281-997-2500

JANUARY 2025

Resident of the Month

Nancy Soffar



Meet Nancy Soffar, our Resident of the Month! Born in Houston, Texas, on July 23, Nancy is a loving mother of three daughters—Pam, Stephanie, and Jill—and a proud sister to Barbara, who lives in Atlanta. Nancy attended Bellaire High School and the University of Oklahoma before working in retail

at Palais Royal and Macy's for many years. Family is everything to Nancy and her vibrant personality shines through in all she does. She loves singing, dancing and watching TV, with a special fondness for fried chicken, barbecue, and the color pink. A fan of hymns, daily devotions, bingo, and dominoes, Nancy's infectious laugh and heartwarming smile light up any room.

Her favorite movie is *Sleepless in Seattle* and she's known for her love of making new friends. Oh, and if you call her "Fancy Nancy," you'll see her smile even bigger!



Residents savoring good food and great company at Salt Grass for lunch bunch!



Fern weaving her magic and creativity at crafts time!

JANUARY 2025

Friendly Reminder:

If you need maintenance work, please stop by the front desk and put in your work order. Please ensure your loved ones have an ample supply of toiletries, toilet paper and incontinence products.

Brainteaser

Question: What flies around when it's born, lies still when it's living, and runs when its life is over?

Answer: A snowflake.

Logical Lunges for Your Brain

Happy World Logic Day on Jan. 14! Teasers and puzzles such as riddles, sudoku, word problems and rebus clues are all fun ways to challenge the brain. Because these types of puzzles involve creative problem-solving techniques that are different than everyday thoughts, solving them is like taking your brain to the gym, ensuring that your mental muscles are stretched.

"The imagination is a palette of bright colors. You can use it to touch up memories—or you can use it to paint dreams."
—Robert Brault

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year's Day 1 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Domino Club 2:00 Balloon Drop Party 3:00 Crafts 4:00 Music Hour 6:00 Brain Teaser	2 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Aroma Hand Massage 2:00 Residents' Choice 3:00 Vision Boards 4:00 Board Games 6:00 Crosswords	National Chocolate Covered Cherry Day 3 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Speed Puzzling 2:00 Senior Science 3:00 BINGO 4:00 Brain Games 6:00 Word Scramble	4 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:00 Travel Around the World 2:00 Arts & Crafts 3:00 Residents' Choice 4:00 Music Hour 6:00 Coloring Pages
National Bird Day 5 9:30 Coffee & News 10:00 Move & Groove 11:00 Church Service 1:00 Movie in the Cinema 3:00 BINGO 4:00 Walking Club 6:00 Jigsaw Puzzle	6 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 12:00 Lunch Bunch 1:30 Chuck the Duck 2:00 Movie Club 3:30 Uno 4:00 Silver Sneakers Club 6:00 Spot the Difference	7 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Glamour Nails/Catholic Com. 2:00 Bible Study/ Catholic Com. 3:00 BINGO 4:00 Chat in the Courtyard 6:00 Mazes	National Bubble Bath Day 8 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Sorting Challenge 2:00 Cards & Cocktails 3:00 Crafts 4:00 Guess Who? 6:00 Brain Teaser	9 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Trivia Challenge 2:00 Crochet Club 3:00 Documentary 4:00 Board Games 6:00 Crosswords	10 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Bowling 2:00 Sip and Paint 3:00 BINGO 4:00 Brain Games 6:00 Word Scramble	National Step in a Puddle Day 11 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:00 Travel Around the World 2:00 Arts & Crafts 3:00 Residents' Choice 4:00 Music Hour 6:00 Coloring Pages
12 9:30 Coffee & News 10:00 Move & Groove 11:00 Church Service 1:00 Movie in the Cinema 3:00 BINGO 4:00 Walking Club 6:00 Jigsaw Puzzle	National Sticker Day 13 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Chuck the Duck 1:30 Shopping Trip 2:00 Movie Club 3:30 Sticker Making 4:00 Silver Sneakers Club 6:00 Spot the Difference	National Dress Up Your Pet Day 14 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Pet Parade 2:00 Bible Study/ Catholic Com. 3:00 BINGO 4:00 Chat in the Courtyard 6:00 Mazes	15 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 11:30 Birthday Bash/ Entertainment 1:30 Poker 2:00 Hot Cocoa Social 3:00 Crafts 4:00 Music Hour 6:00 Brain Teaser	16 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Aroma Hand Massage 2:00 Residents' Choice 3:00 Left/Right Game 4:00 Board Games 6:00 Crosswords	Betty White's Birthday 17 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Speed Puzzling 2:00 Golden Girls Social 3:00 BINGO 4:00 Brain Games 6:00 Word Scramble	18 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:00 Travel Around the World 2:00 Arts & Crafts 3:00 Residents' Choice 4:00 Music Hour 6:00 Coloring Pages
National Popcorn Day 19 9:30 Coffee & News 10:00 Move & Groove 11:00 Church Service 1:00 Movie in the Cinema 3:00 BINGO 4:00 Walking Club 6:00 Jigsaw Puzzle	Martin Luther King Jr. Day 20 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 12:00 Lunch Bunch 1:30 Chuck the Duck 2:00 Movie Club 3:30 Uno 4:00 Silver Sneakers Club 6:00 Spot the Difference	21 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Glamour Nails/Catholic Com. 2:00 Bible Study/ Catholic Com. 3:00 BINGO 4:00 Chat in the Courtyard 6:00 Mazes	22 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Paper Lantern Release 2:00 Happy Hour 3:00 Crafts 4:00 Guess Who? 6:00 Brain Teaser	National Pie Day 23 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Pie Trivia 2:00 Crochet Club 3:00 Resident Council Meeting 4:00 Board Games 6:00 Crosswords	National Compliment Day 24 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Bowling 2:00 Sip and Paint 3:00 BINGO 4:00 Brain Games 6:00 Word Scramble	25 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:00 Travel Around the World 2:00 Arts & Crafts 3:00 Residents' Choice 4:00 Music Hour 6:00 Coloring Pages
26 9:30 Coffee & News 10:00 Move & Groove 11:00 Church Service 1:00 Movie in the Cinema 3:00 BINGO 4:00 Walking Club 6:00 Jigsaw Puzzle	Holocaust Remembrance Day 27 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Chuck the Duck 1:30 Shopping Trip 2:00 Movie Club 3:30 Let's Learn a New Language 4:00 Silver Sneakers Club 6:00 Spot the Difference	28 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Glamour Nails/Catholic Com. 2:00 Bible Study/ Catholic Com. 3:00 BINGO 4:00 Chat in the Courtyard 6:00 Mazes	National Puzzle Day 29 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Poker 2:00 Food Council 3:00 Crafts 4:00 Music Hour 6:00 Brain Teaser	30 9:30 Coffee & News 10:00 Move & Groove 11:00 Daily Devotion 1:30 Aroma Hand Massage 2:00 GENERAL STORE 3:00 Apples to Apples 4:00 Board Games 6:00 Crosswords	National Hot Chocolate Day 31 9:30 Morning Perk 10:00 Sit & Be Fit 11:00 Daily Devotion 1:30 Speed Puzzling 2:00 Snowball Fight 3:00 BINGO 4:00 Brain Games 6:00 Word Scramble	<h2>All Events Are Subject to Change</h2>

EMPLOYEE SPOTLIGHT



Kizzie Cottingham

Congratulations to Kizzie Cottingham, our Employee of the Month! Kizzie, a dedicated Resident Attendant, was born and raised in Houston, Texas, and graduated from Jack Yates High School. Initially pursuing a career in cosmetology due to her love for creativity in hair and makeup, Kizzie later transitioned to become a Certified Nursing Assistant. Her passion for caring for others, particularly the elderly, led her to senior living, where she makes a profound impact on the lives of the residents she serves. Kizzie is known for her commitment to her work and the residents in her care. She approaches every task with dedication and compassion, ensuring each resident receives the highest

quality of care. Outside of work, Kizzie enjoys traveling, cooking, and shopping, especially taking advantage of Bath & Body Works sales. She is also a devoted wife and loving mother to her daughter.

Her unwavering passion for her work and her caring nature make Kizzie an invaluable member of our team. We are proud to recognize her as Employee of the Month!



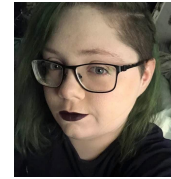
Lois spreading holiday cheer and joy with Christmas carols at our festive party!



Resident Birthdays

Lester Sutton	1/06
Jackie Major	1/13
Theresa Kintz	1/18
Jimmy Kim	1/18
Geeta Mathur	1/22
Lonnie Green	1/22

Meet the Chef!



We're excited to welcome Chef Brittany Taylor to our team! With a lifelong passion for cooking that

began at the age of five, Brittany has turned her love for food into a successful career. She holds degrees in Culinary Arts, Business, and Restaurant Management, blending creativity with strong business expertise. Brittany has experience working in both restaurant kitchens and senior living, making the transition in 2020 after her grandfather moved into assisted living. Her dedication to improving dining experiences for seniors is truly inspiring. She is also a proud member of an award-winning barbecue team, showcasing her skills in creating flavorful, memorable dishes. Outside of work, Brittany enjoys cooking, baking and spending time with her two fur babies, Logan and Cash. In her free time, she's also an avid gamer. We are thrilled to have Brittany's passion, creativity and expertise on board. Welcome to the team, Chef Brittany!